



## COVID-19 Resources

### **General COVID-19 Information**

National Foundation for Infectious Diseases: COVID-19 Outbreak

<https://www.nfid.org/infectious-diseases/19036/>

WHO: COVID-19 Advice for the Public

[https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public?fbclid=IwAR3h9qZZTimayRbdX0ZPGPtImeqoF5nkoUI4KhBmBSpt-Vxq6yn\\_c1HHnD0](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public?fbclid=IwAR3h9qZZTimayRbdX0ZPGPtImeqoF5nkoUI4KhBmBSpt-Vxq6yn_c1HHnD0)

CDC: COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

American Academy of Pediatrics – Red Book Online: COVID-19 Infections

[https://redbook.solutions.aap.org/selfserve/ssPage.aspx?SelfServeContentId=rbo\\_outbreaks\\_page\\_3](https://redbook.solutions.aap.org/selfserve/ssPage.aspx?SelfServeContentId=rbo_outbreaks_page_3)

National Alliance on Mental Illness: COVID-19 Resource and Information Guide

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>

### **Journal Articles**

Guidelines for the Practice of Telepsychology

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Asc%3AUS%3Ae557349f-c7c7-43de-8c19-3e7a3481a787>

Initial Practice Recommendations for Teleneuropsychology

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Asc%3AUS%3A2a18675c-81d8-434b-a229-0e8d583ea8ef>

Psychotherapeutic Intervention by Telephone

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Asc%3AUS%3A8b0a0b5a-776c-46c6-8060-661b8327b81c>

Efficacy of Synchronous Teleneuropsychology for People with Anxiety, Depression, PTSD, and Adjustment Disorder: A Rapid Evidence Assessment

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Asc%3AUS%3Aa107126a-cddd-4838-8c62-60e98a49f535>

Undocumented US Immigrants and COVID-19

[https://www.nejm.org/doi/full/10.1056/NEJMp2005953?query=featured\\_home](https://www.nejm.org/doi/full/10.1056/NEJMp2005953?query=featured_home)

Additional COVID-19 articles published through APA Journals

<https://www.apa.org/pubs/highlights/covid-19-articles>

### **Webinars & Other Didactics**

*Comprehensive List of Didactics (COVID-19 and General Clinical Enrichment)*

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3Afcbb19e6-0fab-47c0-9ca4-d9eb8861b740>

#### *Webinars*

INS: Teleneuropsychology (TeleNP) in Response to COVID-19

<https://www.the-ins.org/webinars/>

<https://event.webinarjam.com/login/0v9x2s3hvs9s2sp>

PowerPoint slides available through websites listed above.

NAN: Taking Neuropsychology Out of the Office: Extending Our Practice through Telehealth Technology

[http://nanonline.org/nan/Professional\\_Resources/Telehealth\\_Resources/NAN/ProfessionalResources/Telehealth\\_Resources.aspx?hkey=7414d46d-46f2-4cd2-a4a6-29096996f802](http://nanonline.org/nan/Professional_Resources/Telehealth_Resources/NAN/ProfessionalResources/Telehealth_Resources.aspx?hkey=7414d46d-46f2-4cd2-a4a6-29096996f802)

PowerPoint slides available through:

<https://s3.amazonaws.com/media.mycrowdwisdom.com/nanonline/2019%20Conf.%20Handouts/27.%20Telehealth.pdf>

APA: Telepsychology Best Practice 101 Series (4-Part Series)

<https://apa.content.online/catalog/product.xhtml?eid=15132>

National Register of Health Service Psychologists: A Practical Guide to Providing Telehealth

<https://www.nationalregister.org/npc-telepsych-video/>

National Register of Health Service Psychologists: Telepsychology with Children and Teens in the Age of COVID-19

<https://www.nationalregister.org/education-training/webinars/coronavirus-webinar/>

National Register of Health Service Psychologists (4/17/2020): Doing Intakes via Telehealth

<https://www.nationalregister.org/education-training/webinars/>

National Hispanic and Latino Mental Health Technology Transfer Center Network: Stress Management During Quarantine for Mental Health Providers Serving Latino Clients

<https://register.gotowebinar.com/register/1528294080663914253>

## *Podcasts*

COVID and Asian Communities: Where Racism and Bigotry are Also a Health Hazard with Dr. Doris Chang

<https://drgallardo.com/uncategorized/covid-19-and-asian-communities-where-racism-and-bigotry-are-also-a-health-hazard/>

Telepsychology Do's and Don'ts for Clinicians with Samuel Lustgarten, PhD

<https://www.nationalregister.org/multimedia/telepsychology-dos-and-donts-for-clinicians/>

Navigating Neuropsychology: Podcast Episode 41 with Munro Cullum

<https://www.navneuro.com/41-teleneuropsychology-with-dr-munro-cullum/>

## *YouTube Videos*

Online Therapy: Intro to Ethics and Best Practice (Parts 1, 2, & 3)

[https://www.youtube.com/watch?v=c2IasrqN6ic&list=PLFmT332\\_Jx4u18qpVfo5B95uWJgEnvd7A&index=2&t=0s](https://www.youtube.com/watch?v=c2IasrqN6ic&list=PLFmT332_Jx4u18qpVfo5B95uWJgEnvd7A&index=2&t=0s)

[https://www.youtube.com/watch?v=OJbdDfLIUHQ&list=PLFmT332\\_Jx4u18qpVfo5B95uWJgEnvd7A&index=2](https://www.youtube.com/watch?v=OJbdDfLIUHQ&list=PLFmT332_Jx4u18qpVfo5B95uWJgEnvd7A&index=2)

[https://www.youtube.com/watch?v=8FFea0feIvg&list=PLFmT332\\_Jx4u18qpVfo5B95uWJgEnvd7A&index=3](https://www.youtube.com/watch?v=8FFea0feIvg&list=PLFmT332_Jx4u18qpVfo5B95uWJgEnvd7A&index=3)

## **Professional Organizations – Statements & Guidelines**

APA & Other Mental Health Constituents: Statement on Cognitive and Mental Health in the Context of COVID-19

<https://d3dkdvqff0zqx.cloudfront.net/groups/apapractice/attachments/letter%20to%20public%20health%20leaders%20on%20mh%20and%20coronavirus%20-%20final.pdf>

APPIC Board of Directors: COVID Statement

[https://www.appic.org/Portals/0/downloads/COVID-19/APPIC\\_Covid\\_Statement-3-31-20.pdf](https://www.appic.org/Portals/0/downloads/COVID-19/APPIC_Covid_Statement-3-31-20.pdf)

APPIC: Psychology Training and Education Joint Statement, COVID-19

<https://www.appic.org/News-Articles/ArtMID/1931/ArticleID/5/Psychology-Training-And-Education-Joint-Statement-COVID-19>

Asian Neuropsychological Association: Statement on COVID-19 Motivated Asian Racism

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3A39acb1bb-dc7a-4216-bdb8-d08553122584>

Council of Chairs of Training Councils: Statement on Education and Training Considerations during COVID-19 Pandemic

[https://assets.speakcdn.com/assets/1748/cctc\\_stmt\\_-\\_education\\_and\\_training\\_considerations\\_during\\_covid-19\\_pandemic\\_3-23-20.pdf](https://assets.speakcdn.com/assets/1748/cctc_stmt_-_education_and_training_considerations_during_covid-19_pandemic_3-23-20.pdf)

Hispanic Neuropsychological Society: Statement on General Health, Mental Health Disparities, Xenophobia, and Other Relevant Issues in the Context of COVID-19

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascgs%3AUS%3A3c4d8ea0-397b-4391-a7ad-d1cfbd90ccb1>

Inter Organizational Practice Committee (APA, AACN/ABCN, NAN, ABPN):  
Neuropsychology Toolkit

<https://iopc.squarespace.com/teleneuropsychology>

### **Professional Organizations – Additional Information & Resources**

APA: Commission on Accreditation COVID-19 Updates

[https://www.accreditation.apa.org/covid-19?\\_ga=2.259833731.827784413.1584280932-1135992655.1584035242](https://www.accreditation.apa.org/covid-19?_ga=2.259833731.827784413.1584280932-1135992655.1584035242)

APA: Overview of APA's Actions around COVID-19

<https://www.apa.org/members/content/covid-19-actions>

APA: Combating Bias and Stigma Related to COVID-19

<https://www.apa.org/news/press/statements/combating-covid-19-bias.pdf>

APA: Advice for Psychology Supervisors and Trainees on Caring for Patients during the COVID-19 Crisis:

<https://www.apaservices.org/practice/news/psychology-training-covid19>

AACN: Useful Links & Resources

<https://theaacn.org/useful-links/>

Asian Neuropsychological Association: Battling Xenophobia Resources

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascgs%3AUS%3A39acb1bb-dc7a-4216-bdb8-d08553122584>

APA: Practice Resources in Response to COVID-19

<https://www.apaservices.org/practice/clinic/>

APA: Office and Technology Checklist for Telepsychology Services

<https://www.apa.org/practice/programs/dmhi/research-information/telepsychological-services-checklist>

APA: Informed Consent Checklist for Telepsychological Services

<https://www.apa.org/practice/programs/dmhi/research-information/informed-consent-checklist>

APA: Electronic Resources available for Distance Learning

<https://www.apa.org/education/distance-learning>

APA: Free Access to the Publication Manual and other Resources

<https://www.apa.org/education/distance-learning>

## **Access to Test Measures**

Minnesota University: MMPI Remote administration

<https://www.upress.umn.edu/test-division/mmpi-instruments-remote-administration>

Demonstration: <https://www.youtube.com/watch?v=fhOxGZMNHAY&feature=youtu.be>

Pearson: Administering the Vineland via Telepractice

Demonstration: <https://www.pearsonassessments.com/professional-assessments/digital-solutions/telepractice/telepractice-and-the-vineland-3.html>

Pearson: Free Digital Resources

<http://view.ocrm3.pearson.com/?qs=3f63228ab73a66da6ea0d3f62829bb0566847503dfb50236b4565a90b4c2ef54cf698a13f88794c81e4abb0a91f6fcdf15710730841e96704f62010584368b8e891de31dd2a5efd441841f3e3b1722>

## **Other Professional Resources**

UCLA Pediatric Psychology Consultation Liaison Service: COVID-19 TIPS: Building Rapport with Youth via Telehealth

[https://clinicalcenter.siu.edu/\\_common/documents/telehealth-tip-sheet-COVID-child-version-3.20.pdf](https://clinicalcenter.siu.edu/_common/documents/telehealth-tip-sheet-COVID-child-version-3.20.pdf)

National Register: Telemedicine Toolkit

<https://www.cms.gov/files/document/general-telemedicine-toolkit.pdf>

GeroCentral for Professionals

<https://gerocentral.org/clinical-toolbox/covid-19-resources/>

Society for Health Psychology: Resources

<https://societyforhealthpsychology.org/resources/covid-19-resources-for-psychologists-patients-healthcare-providers/>

## **Parenting Resources**

Child Mind Institute: Supporting Families during COVID-19

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

Parenting for Lifelong Health-COVID-19

<https://www.covid19parenting.com/>

WHO: Parenting in the Time of COVID-19

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting>

COVID-19 E-Book for Kids (English & Spanish)

<https://akidsbookabout.com/pages/covid-19>

COVID-19 Social Story for Kids

<https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html>

### **Homeschooling Resources**

National School Choice Week: Free Resources, FAQ for Families Educating at Home during Coronavirus Pandemic

<https://schoolchoiceweek.com/parent-resources-during-coronavirus/>

Tech & Learning: Free Online Learning Resources for Schools Affected by COVID-19

<https://www.techlearning.com/resources/free-online-learning-resources-for-schools-affected-by-coronaviruscovid-19>

Scholastic: Learn At Home

<https://classroommagazines.scholastic.com/support/learnathome.html>

Spectrum: Free 60-day access to internet for students and teachers & affordable plans for SSI recipients (new customers only)

Students & Teachers: <https://www.spectrum.net/support/internet/coronavirus-covid-19-educational-internet-offer>

SSI recipients: <https://www.spectrum.net/support/internet/coronavirus-covid-19-educational-internet-offer>

Both: 855-243-8892

### **Employment Resources**

US Department of Labor: Coronavirus Resources

[www.dol.gov/coronavirus](http://www.dol.gov/coronavirus)

Employee Rights: Sick Paid Leave and Extended FMLA under the FCCRA

[https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA\\_Poster\\_WH1422\\_Non-Federal.pdf](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WH1422_Non-Federal.pdf)

[https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA\\_Poster\\_WH1422\\_Federal.pdf](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WH1422_Federal.pdf)

### **College & Student Loan Resources**

US Department of Education: Coronavirus and Forbearance Information for Students, Borrowers, and Parents

<https://studentaid.gov/announcements-events/coronavirus>

Higher Education Mental Health Alliance: College Counseling from a Distance

[http://hemha.org/wp-content/uploads/2019/01/HEMHA-Distance-Counseling\\_FINAL2019.pdf](http://hemha.org/wp-content/uploads/2019/01/HEMHA-Distance-Counseling_FINAL2019.pdf)

### **Special Populations**

Alcoholics Anonymous: Online Meetings Directory

<http://aa-intergroup.org/directory.php>

National Domestic Violence Hotline

<https://www.thehotline.org/>

1800-799-7233

Childhelp National Child Abuse Hotline

<https://www.childhelp.org/hotline/>

1800-422-4453

Federal Bureau of Prisons: COVID-19 Action Plan

[https://www.bop.gov/resources/news/20200313\\_covid-19.jsp](https://www.bop.gov/resources/news/20200313_covid-19.jsp)

Meals on Wheels America: COVID-19 Response

<https://www.mealsonwheelsamerica.org/take-action/covid-19-response>

### **Coping with COVID-19**

CDC: Stress and Coping

[https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fmanaging-stress-anxiety.html](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fmanaging-stress-anxiety.html)

Headspace Plus (Free for Healthcare Professionals through 2020)

For Public: <https://www.headspace.com/>

For Providers: <https://www.headspace.com/health-covid-19>

Face COVID: How to Respond to Effectively to the Corona Crisis

<https://louisville.edu/counseling/coping-with-covid-19/face-covid-by-dr-russ-harris/view>

Working Remotely During COVID-19: Your Mental Health & Well-Being

<http://workplacementalhealth.org/getmedia/fd8a9b98-b491-4666-8f27-2bf59b00e475/Working-Remotely-During-COVID-19-CWMH-Guide>

National Alliance on Mental Illness: COVID-19 Resource and Information Guide

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>

Consejos Para Sobrellevar Ansiedad Sobre Coronavirus por Dr. Susana O. Salgado

[https://mcusercontent.com/f6e0bee68313ea04dda92484/files/a47cda3b-ac06-4c75-955d-7172c7e33d97/Consejos\\_para\\_sobrellevar\\_ansiedad\\_sobe\\_Coronavirus\\_susie\\_1\\_.pdf](https://mcusercontent.com/f6e0bee68313ea04dda92484/files/a47cda3b-ac06-4c75-955d-7172c7e33d97/Consejos_para_sobrellevar_ansiedad_sobe_Coronavirus_susie_1_.pdf)

APA: Support Center (Spanish-speaking families)

<https://www.apa.org/centrodeapoyo>

The Disaster Distress Helpline: National hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. 1-800-985-5990; 24/7, 365 days/year.

## **Additional Resources for Spanish-Speaking Families**

COVID-19 FAQ and Resources (Spanish)

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3A5fb22812-641a-4eb3-bb97-32a8ef409c11>

## **Volunteer Opportunities**

Volunteer Opportunities

<https://documentcloud.adobe.com/link/track?uri=urn%3Aaaid%3Ascds%3AUS%3A57f8b8fe-a307-4fdb-bc3c-601554b9b765>

*These resources were compiled by the Hispanic Neuropsychological Society (HNS) Communications Committee and Student Association Committee and may reflect the works, services, and/or recommendations of individuals and organizations who are not affiliated with HNS.*